



# ACLS



## 2011

# Train and Retrain Provider Course

The Key to being successful in this course is to  
**BE PREPARED !**

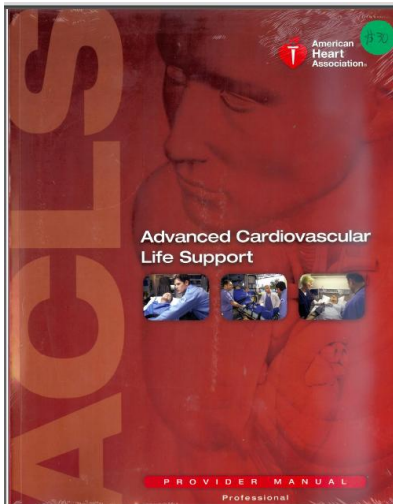
**PREREQUISITES** (to gain admittance to the course):

**ACLS Certification Course:**

- Charge of \$10.00 (for ACLS Card) for the class (cash or check)
- Show proof of current AHA BLS Certification (original BLS card)
- Show proof of a current 2010 AHA ACLS Provider Manual
- Self Assessment (available at [www.heart.org/eccstudent](http://www.heart.org/eccstudent) - the password is compression) is highly recommended as a **study guide**.

**ACLS ReCertification or Fast Track Course:** in **addition** to the above:

- Show proof of Current AHA ACLS Certification (original ACLS card)
- Show proof of a 2010 AHA ACLS Provider Manual **or** 2010 ECC Handbook.
- Show proof of completing the ACLS self assessment (available at [www.heart.org/eccstudent](http://www.heart.org/eccstudent) - the password is compression)



ACLS 2010 Provider Manual



ACLS 2010 ECC Handbook

Florida Hospital Memorial Medical Center  
ACLS Course Syllabus 2011



Welcome to Florida Hospital Memorial Medical Center

## ACLS Provider Course.

Congratulations, you have registered on **Net Learning** for an ACLS course.

By registering and completing the prerequisite CBLs, you have agreed to:

1. ALL the prerequisites.
2. a **payroll deduction of \$60.00** if you:
  - a. fail to attend the class
  - b. fail to unenroll at least 48 hours prior to the class **or**
  - c. do not complete the prerequisites for the class thus are not admitted to the class.

*If you cannot attend the class you have registered for:*

1. *go to Net Learning and*
2. *select TO DO*
3. *then click on “Unenroll” next to class name at least 48 hours before the class.*

## Class Info

### Class Location:

Most of the classes are held in the **Simulation Lab on the 1st Floor (by the elevator) of Florida Hospital Memorial Medical Center - Oceanside.**  
**FH-Oceanside is 1 mile south of Rt. 40/E. Granada at 264 S. Atlantic Ave., Ormond Beach (See map at the end of this section).**

However that is subject to change. Please make sure that you confirm the location and time of the course that you have registered for.

### ACLS Training Course:

Doors open @7:30 for registration and Fast Track BLS (optional)

Class begins **PROMPTLY** at 8:00 am.

⊗ There will be **NO** admittance to the class after this time.

The training course is a **two-day course** designed for the first time ACLS student or for the student whose card has expired. You must attend **both days**. We strongly suggest that you complete the pre-test (available on the Student Website – [www.heart.org/eccstudent](http://www.heart.org/eccstudent) - password is compression) as a study guide.

### **ACLS Retraining Course:**

Doors open @7:30 for registration and Fast Track BLS (optional)

Class begins **PROMPTLY** at 8:00am.

⊙ There will be **NO** admittance to the class after this time.

The retraining course is a **one-day** course designed for the ACLS student who has taken ACLS at least 2 times, whose ACLS **certification is not expired**, and who currently works in an area where you utilize ACLS principles.

This course is designed as a review of the ACLS guidelines with a check off component. In order to prepare for this recertification course you must provide:

1. **Evidence of completion of the self assessment test prior to coming to the course (available on the Student Website – [www.heart.org/eccstudent](http://www.heart.org/eccstudent) - password is compression) .**
  - a. If the self assessment is not completed prior to the course, you will not be admitted into the class.

### **ACLS Fast Track:**

Doors open @7:30 for registration and Fast Track BLS (optional)

Class begins **PROMPTLY** at 8:00am.

⊙ There will be **NO** admittance to the class after this time.

The retraining course is a **½ day course** designed for the ACLS student who has taken ACLS at least 2 times, whose **certification is not expired**, and who currently works in an area where you utilize ACLS principles.

This course is designed as a self – study format with a check off component and testing.

There is **NO** teaching or remediation.

In order to prepare for this recertification course you must provide:

1. **Evidence of completion of the self assessment test prior to coming to the course (available on the Student Website – [www.heart.org/eccstudent](http://www.heart.org/eccstudent) - password is compression) .**
  - a. If the self assessment is not completed prior to the course, you will not be admitted into the class.

### **BLS Fast Track (Optional):**

Offered promptly at **7:30a** (before class begins). There is no teaching or remediation.

You must:

- a. have a current BLS certification,
- b. pass the BLS test with 84% accuracy,
- c. then demonstrate infant, child & adult BLS skills.
- d. There is a additional cost of \$5 for your BLS card when you choose to do the BLS Fast Track.

### **Compensation:**

Employee compensation for American Heart Association ACLS, when determined as mandatory for their job, is paid for 4 hours for the live course or Heartcode ACLS Simulator. The employee is to fill out a Current Pay Period form (pink slip) with the class information and turned into their designated time keeper on their unit (Policy #700.107).

### **Continuing Education:**

There is 12 hrs. of continuing education is offered for ACLS Certification course. There is none offered for the Recertification or Fast Track offering.

### **Course Content:**

All ACLS provider courses at FHMMC incorporate the 2010 AHA Guidelines and science. In order to be successful in taking ACLS, all participants need to have an understanding of basic EKG rhythm interpretation (**EKG Review CBL is completed in order to register on Net Learning**) and a working knowledge of the ACLS algorithms. An AHA recognized self assessment written exam is available on the student website ([www.heart.org/eccstudent](http://www.heart.org/eccstudent)) to assist you in *preparing* for this course. It is extremely important to take the self assessment test and review the materials prior to coming to the course. The self assessment test will be reviewed during the course.

The AHA utilizes the team learning approach. At the beginning of the course you will be assigned a learning team consisting of approximately 5 – 7 participants. We encourage you to remain with your learning team throughout the course. The learning team members are there to support and assist you throughout the course, as team members would support each other during a code. Mega code teaching and evaluation will be done as a team: with each member acting as the team leader. The ACLS Provider course flows with the American Heart Association small group teaching approach. Everyone learns at a different pace, so if the participant isn't able to process the course materials in the allotted time, they will be given a 'not yet complete status' and allowed to repeat the course at no additional charge. The course director or coordinator will assist the participant with a learning contract prior to attending a repeat course. It is our goal to create a non-stressful, creative, fun learning environment to insure your success.

### **Course Disclaimer**

The American Heart Association (AHA) strongly promotes knowledge of and proficiency in emergency cardiovascular care (ECC), and has developed instructional materials, for this purpose. Although the AHA does not sponsor this course, materials utilized by faculty and students are AHA materials that have been supplied to the Training Center on a cost basis. Any fees charged for this course does not represent income to the Association.

### **CME Credit Disclaimer**

Florida Hospital Memorial Medical Center designates this educational activity for a maximum of (12 hrs. certification) *AMA PRA Category 1 Credit(s)*<sup>TM</sup>. Physicians should claim credit commensurate with the extent of their participation in the activity.

### **Faculty Disclaimer**

Debra Cravotta	nothing to disclose
Kelley Holland	nothing to disclose
Deborah Horvath	nothing to disclose

**Required Course Materials:** (**available in the Education Dept.** or as a loaner from your manager):

The following are **required materials**.

- ☐ American Heart Association 2010 ACLS Provider Manual  
(for all ACLS Training Courses) \$30.00
  
- ☐ Guidelines 2010 Handbook of Emergency Cardiovascular Care  
for Healthcare Providers  
(an acceptable textbook for ACLS Retrain & Fast Track Courses) \$25.00



# Remember to be successful in this course you must **BE PREPARED !!**



## ACLS Course Preparation Check List

TO BE **PREPARED** for the course:

- Be current in BLS and be able to perform high-quality CPR and use an AED according to 2010 guidelines.
  - **You must present your current card at registration.**
- Have an understanding of Basic EKG rhythm recognition
  - Complete Basic EKG CBL (a pre-requisite).
  - Recognize shockable and nonshockable rhythms.
- Read and understand the ACLS algorithms for the 10 Core Cases in the ACLS Provider Manual.
- Access Student Website at [www.heart.org/eccstudent](http://www.heart.org/eccstudent) (using the code found in your manual) to access the following information
  - ACLS self assessment test on ACLS EKGs, Pharmacology and Practical Application
  - Supplementary information on respiratory adjuncts, EKG and pharmacy
  - Videos on:
    - ACLS Science Overview, CPR/AED, ACS, Stroke and IO insertion.
- Bring your professional license number to the course for Contact Hours (for certification class).
- Bring a willingness to learn.

## **PREREQUISITES** for:

### **ACLS Certification** (to gain admittance to the course):

- Charge of \$10.00 (for ACLS Card)
- Show proof of **current** AHA BLS Certification
- Show proof of a **current** AHA 2010 ACLS Provider Manual
- ACLS self assessment is strongly recommended as a **study guide**.

### **ACLS Recertification and Fast Track:** in addition to the above:

- Show proof of **current** AHA ACLS Certification
- Show proof of a **current** AHA 2010 ACLS Provider Manual **or** 2010 ECC Handbook.
- Show proof of taking the self assessment to gain admittance into the course
  1. Take the self-assessment test on the student website ([www.heart.org/eccstudent](http://www.heart.org/eccstudent)) and print out your transcript so present for admission to class.

# ACLS Course Agenda

## Day 1

7:30	BLS Fast Track (optional)
8:00	Welcome
8:10	ACLS Course Overview/Course Organization
8:20	ACLS Science Overview – video
9:00	BLS and ACLS Surveys – video
9:30	Break

Divide class into 2 groups	Management of Respiratory Arrest Learning Station	CPR/FBAO/AED Practice and Competency Testing
9:45 – 10:30	Group 1	Group 2
10:30 – 10:40	Break	Break
10:40 – 11:20	Group 2	Group 1

11:20 – 11:30 Code Blue Documentation (FHMMC)

11:30 – 12:30 Lunch – on your own

Divide class into 2 groups	Pulseless Arrest VF/VT Learning Station	Pulseless Arrest VF/VT Learning Station
12:30 – 1:15	Group 1	Group 2

Divide class into 2 groups	Bradycardia/Asystole/PEA Learning Station	Tachycardia, Stable and Unstable Learning Station
1:20 – 2:05	Group 1	Group 2
2:05 – 2:50	Group 2	Group 1

2:50 – 3:30 The Megacode and Resuscitation Team Concept – video

3:30 – 4:00 Pre Test Review

**End of Day 1**

## ACLS Course Agenda Day 2

7:30            BLS Fast Track - Optional

8:00            Welcome

8:15            Stroke – video

9:00            ACS – video

9:45            Break

Divide class into 2 groups	Putting It All Together Learning Station	Putting It All Together Learning Station
10:00 – 10:45	Group 1	Group 2

9:50 – 10:05    Break

Divide class into 2 groups	Megacode Testing	Megacode Testing
10:45 – 11:30	Group 1	Group 2

11:30            Written Test

12:00            Class Ends  
Remediation

**To receive your ACLS Card and Continuing Education credits please make sure to turn in your:**

- 1. Test Answer Sheet/Skills Check Off Sheet**
- 2. Your Course Evaluation**
- 3. Test booklet**

## ACLS Update Agenda

7:30	BLS Fast Track (optional)
8:00	Welcome
8:10	ACLS Course Overview/Organization
8:25	ACLS Science Overview – video
8:55	BLS Survey and ACLS Surveys - video
9:15	Pre Test Review

Divide class into 2 groups	Management of Respiratory Arrest Learning Station	CPR/FBAO/AED Practice and Competency Testing
9:30 – 10:15	Group 1	Group 2
10:15 – 10:30	Break	Break
10:30 – 11:15	Group 2	Group 1

11:15	Review Stroke and AMI
11:45 – 12:45	Lunch – on your own
12:45 – 1:30	Algorithm Review
1:30 - 2:00	The Megacode and Resuscitation Team Concept – video

Divide class into 2 groups	Putting It All Together Learning Station	Putting It All Together Learning Station
2:15 – 2:45	Group 1	Group 2

2:45 – 2:55            Break

Divide class into 2 groups	Mega Code	Mega Code
2:55 – 3:40	Group 1	Group 2

3:45 – 4:30            Written Test

**To receive your ACLS Card please make sure that you turn in your:**

- 1. Test Answer Sheet/Skills Check Off Sheet**
- 2. Course Evaluation**
- 3. Test booklet**

**ACLS Provider  
Fast Track Retrain Course**

**0730 BLS Fast Track - Optional**

**0800 - 0815 Registration**

**0815 - 0900 Pre-Test Review  
Algorithm Review  
Q & A Time**

**0900 – 0915 BREAK**

**0915 – 1000 Skills Check – Off Stations**

- ◆ Airway Management:
- ◆ CPR-AED Scenario

**1000 – 1200 Evaluation Stations**

- ◆ Mega Code Evaluation
- ◆ Written Evaluation

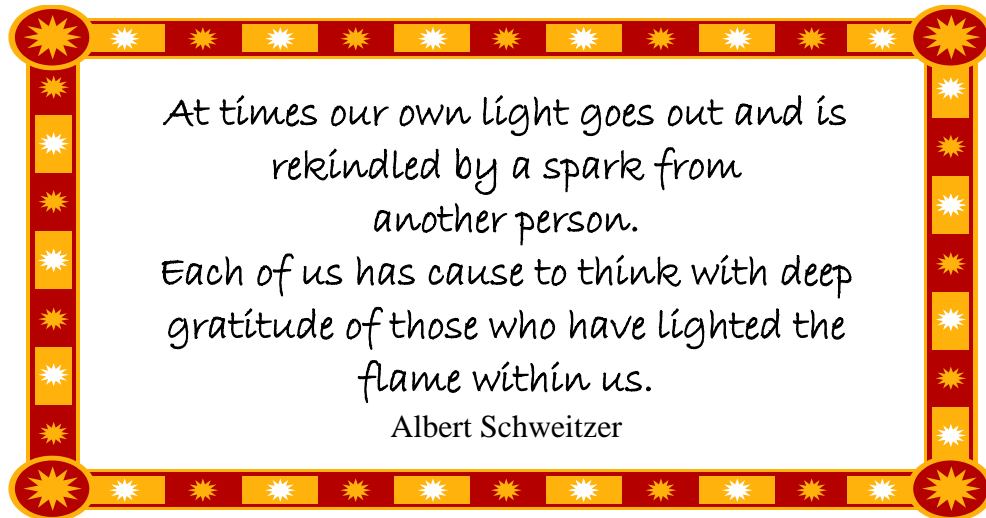
<b>GROUP</b>	<b>1000 – 1100</b>	<b>1100 - 1200</b>	<b>1200 - 1300</b>
<b>A</b>	Airway – Classroom	Megacode – #219	Written Testing – Classroom
<b>B</b>	CPR – Rm #219	Megacode – Classroom	Written Testing- Classroom

**To receive your ACLS Card you must:**

**Pass the test with 84 % and**

**Satisfactorily perform as a Team Leader in a Mega Code Situation.**

**Please make sure that your Test Answer Sheet/Skills Check Off Sheet and your Course Evaluation has been turned in to the course director.**



**We look forward to seeing you.**

**Remember your sweater –  
you never know how cold the rooms will get.**

**If you have any questions please call the  
Education Department at 231-3176**

**Map of Florida Hospital Oceanside**  
**AIA - 1 mi. south of Rt.40/Granada Blvd.**  
**264 S. Atlantic Ave., Ormond Beach, Fl.**



Florida Hospital  
**Oceanside**